
SALADS

CHOOSE YOUR GREENS

Chopped Romaine
Mixed Greens
Iceberg
Bibb
Spinach
Arugula
Belgian Endive
Radicchio

CHOOSE YOUR TOPPINGS

Artichoke Quarters
Tortilla Chips
Raisins
Grape Tomatoes
Bacon Pieces
Diced Carrots
Chickpeas
Red Onions
Grated Parmesan
Croutons
Crumbled Feta Cheese
Boiled Egg
Red Chili Pumpkin Seeds
Sliced Cucumber
Sliced Mushrooms
Blue Cheese Crumbles
Sliced Black Olives

CHOOSE YOUR DRESSING

Caesar
Ranch
Balsamic Vinaigrette
Roasted Garlic-Gorgonzola
Fat Free Tomato Basil Vinaigrette
Hot & Sweet (low-fat)
Greek



SANDWICHES

CHOOSE YOUR BREAD

Bonebread Striatta
Deli Rye
Wheat
Multi-Grain
Baguette
Ciabatta Roll
Sourdough
Pain Au Lait
100% Whole Wheat
Wheat Bone Bread
Wheat Baguette
Cranberry Orange

CHOOSE YOUR SPREADS

Basil Cream
Sundried Tomato Spread
Garlic and Herb
Southwest Pepper
Honey Mustard
Dijon Mustard
Grain Mustard
Yellow Mustard
Pesto
Mayo
Lowfat Mayo
Ancho Chili Mayo
Horseradish Cream
EVOO
Red Wine Vinegar
Balsamic Vinegar

CHOOSE YOUR MIDDLE

Roast Beef
Corned Beef
Pastrami
Salami
Ham
Prosciutto
Capicola
Roasted Vegetables
Egg Salad
Turkey
Turkey Pastrami
Cajun Chicken
Grilled Chicken
Traditional Chicken Salad
Tuna Salad
Southwest Chicken Salad

CHOOSE YOUR CHEESE

Swiss
Cheddar
Provolone
Muenster
Pepper Jack

CHOOSE YOUR TOPPINGS

Shredded Lettuce
Tomatoes
Pickles
Red Onions
Sprouts

