

SUMMER 2021

THE DEFINITIVE GUIDE TO DALLAS

DALLAS

HOTEL MAGAZINE

LIVE LIKE
A LOCAL
Downtown-ish



FOOD &
DRINK

OUT & ABOUT

By Peter D'Acid

Cool as a Cucumber

With temperatures rising and summer in full swing, there's no better time to enjoy a crisp, refreshing salad. We've put together a local guide to signature salads throughout Dallas-Fort Worth, from dine-in to drive-through. Pair them with wine or get them on the go.

The soul of a great salad lies in the freshness of its ingredients, the imagination with which it comes together, and the variety of the colors, textures, and tastes on your plate. Dallas restaurants offer creative ways to eat green.



Beans & Barrel Frisco

The best in Dallas Southwest Cattlehead & Spices opened in Frisco in 2020 following a full-scale renovation that includes reimagining three dining outlets: Hard & Hearty, Beans & Barrel, and Barrel Water. At Beans & Barrel, the Hill Country wedge is a unique Southern steak with Swiss chard, aged blue cheese, charred tomato, mustard-ginger-spiced smoked chicken, three types of chutneys, and champagne herb vinaigrette. The info serves here with a Texas influence from morning to night.

www.beansandbarrel.com/beans-barrel-information-restaurant-table-the-vegan-dishes-vegetarian-past-meat-and-veg/

Eatzi's Market & Bakery Six locations throughout Dallas-Fort Worth

Euro-style food hall Eatzi's Market & Bakery is a gourmet grocer, bakery and wine shop offering chef-crafted meals prepared in an open kitchen. In addition to made-to-order omelets, pasta and sandwiches, Eatzi's offers a salad station. Diners select the greens, proteins and an array of toppings, finishing the bowl with house-made dressings and croutons. In a rush? Visit the Chef's Corner to choose from a variety of freshly made salads, like Cranberry Lemon Chicken Salad or a classic Caesar. Online ordering and delivery are available.

www.eatzis.com



Dragonfly Uptown

Head Dallas Dragonfly's roots in Chicago and London, Dragonfly, presents a contemporary array of American classics with a twist. Its thoughtful, colorful, creative and truly authentic cuisine is a true Texas cuisine within the city. With warm hospitality in mind, Dragonfly has unveiled a Classic Caesar Salad, the seasonal delishious features heirloom tomatoes, fresh mozzarella, beef and a balsamic drizzle.

www.hatchkasa.com/dallas/dragonfly



Ellie's Restaurant & Lounge Dallas Arts District

Ellie's Restaurant & Lounge, the upscale eatery and lounge in Texas Style and Walk of the Arts Hotel, recently welcomed Dallas' longest-running chef. The long-time restaurateur creates elevated dishes using seasonal ingredients that aim to inspire both senses and the team. One of his latest creations, the seasonal Green Bowl Salad, features ferns, arctic char, amaranth, cauliflower, seeds, spring Texas wild onion, rosemary, pine cheese, grape, macerated heirloom cherry tomatoes and a chive and feta dressing.

www.elliesdallas.com



Flower Child Four locations throughout Dallas

Flower Child, the popular casual eatery from the Restaurant Concepts, dishes a bowl full selection of salads, bowls, entrees, wraps and dishes available, and nearly every dish is vegetarian or vegan. From locally sourced milk and matcha seasonal vegetables, fruits and grains with chicken, salmon, steak, shrimp and more. Salad highlights include the avocado Caesar with romaine lettuce, parmesan bread crumbs, chive, and avocado dressing, and the Chopped Vegetable with organic greens, romaine, avocado, heirloom carrots, snap peas, matcha, and tomato, cucumber, toasted sesame seed and ginger-miso vinaigrette.

www.flowerchild.com



Salad and Go Piano, Richardson and Dallas

Salad and Go, the Frisco drive-thru, has recently expanded to Texas, offering customizable salads and wraps. Breakfast burritos, soups, sandwiches, organic and cold brew along with healthy options for kids and on-the-go. Thanks to its streamlined menu, all salads and wraps cost \$5.75, including chicken or organic tofu, and all drinks are \$3. Try the new Summer Crunch Salad, a medley of romaine, red cabbage, crispie onions, cucumber, oil-packed grape tomatoes, chickpeas for a veggie hit. Thousand Island dressing made with vegan mayo. Pair it with organic seed case or house-made chickpea bun for a meal.

www.saladandgo.com/dallas



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