

## 23 THINGS TO MAKE 2023 THE BEST YEAR EVER

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Here's all you need to make 2023 a memorable year. Plan a different activity for each month of the year and more. From parks to bars to book recommendations to road trips to ideas to give back to the community, 2023 in Collin County is set to be the best year ever!

### **Eat Better**

It's time to double down on glass tupperware and schedule new recipes for the week! Why rush home to cook a new dish each night when you can prepare your lineup in advance? Better yet, head to some local markets to shop for freshly harvested produce and meats. Just remember to freeze dishes that aren't going to be devoured within a few days. (PSA: Rice develops harmful bacteria if it sits for more than three days — yes, even in the fridge!)

### **EATZI'S**

5967 W. Parker Road, Plano | (972) 535-6305

It might be physically impossible to not drive over to EatZi's after viewing their daily specials online. Although they offer temptations that do not fit the bill of eating healthier, you can still say you'll be eating better. EatZi's offers a variety of made-from-scratch meals crafted from their collection of 4,000 proprietary recipes. Favorites include their fresh-baked bread, pastas, produce, sushi, custom sandwiches, cookies and famous mac 'n' cheese.