



CARB CONSCIOUS

EATZIS.COM

lifestyle menu



*** SOME ITEMS ROTATE SEASONALLY AND MAY NOT BE AVAILABLE**

- | | | |
|-------------------------------------|--|---|
| Artichoke & Crab Spread | Grilled Flank Steak | Sesame Crusted Ahi Tuna |
| Balsamic and Black Pepper Asparagus | Grilled Salmon with Tomato Bruschetta | Shiner Bock Chili |
| Basil Cream Spread | Grilled Vegetable Medley | Spinach Salad |
| Capresi | Guacamole | Steamed Broccoli with Lemon Vinaigrette |
| Carb-Conscious Herb Grilled Chicken | Jumbo Shrimp Cocktail | Sun-dried Tomato Spread |
| Carb-Conscious Salmon | Kid's Turkey Tray | Sun-dried Tomatoes |
| Carb-Conscious Turkey | Lemon-Grilled Shrimp | Southwest Pepper Spread |
| Chicken and Grape Salad | Lemon-Grilled Chicken Breast | Southwest Turkey Meatloaf |
| Cole Slaw | Marinated Mushrooms | Tomato Basil Soup |
| Collard Greens | Mediterranean Beef Tenderloin | Tomato Cucumber Salad |
| Custom Salads | Mediterranean Spiced Cauliflower | Traditional Chicken Salad |
| Egg Salad | Mozzarella & Cherry Tomato Salad with Prosciutto | Traditional Tuna Salad |
| Garlic & Herb Spread | Pan-Seared Chicken Wings | Whole Roasted Carrots |
| Garlic Spinach | Peas & Carrots | |
| Greek Salad | Pimento Cheese Spread | |
| Green Beans Amandine | Pizza Salad | |
| Green Chile Pimento Spread | Roasted Turkey | |
| Grilled Chicken Green Bean Salad | | |

OAK LAWN

3403 Oak Lawn Ave.
Dallas, TX 75219
(214) 526-1515

LOVERS LANE

5600 W. Lovers Ln.
Dallas, TX 75209
(214) 358-3100

PRESTON ROYAL

6025 Royal Ln. #208
Dallas, TX 75230
(972) 499-6379

PLANO

5967 W. Parker Rd.
Plano, TX 75093
(972) 535-6305

GRAPEVINE

1200 W. State Hwy. 114
Grapevine, TX 76051
(817) 527-4007

FORT WORTH

1540 S University Dr. #100
Fort Worth, TX 76107
(817) 945-9095