



LOCAL / SUSTAINABLE / WILD

EATZIS.COM

*lifestyle menu*



**DAILY GREENS**

TEXAS

100% organic vegetables grown by local farmers, cold pressed into delicious green juices. Never heat treated, pasteurized or watered down. Low sugar. Low calorie nutrition. USDA Organic Certified. Non-GMO Project Verified. Kosher Certified. Naturally vegan, naturally gluten-free and soy-free. No preservatives or artificial flavoring. High Pressure Processed (HPP). Made from raw, organic and fair-trade ingredients.

**GRILLED FLANK STEAK - CERTIFIED HERFORD BEEF**

TEXAS

Certified Hereford Beef® uses only Hereford and Hereford-English crossbred cattle, genetically proven to produce higher quality beef. Hereford cattle, bred for rich flavor and superior marbling since the 1700s, continue their legacy today on local family farms and ranches across the United States. Certified Hereford Beef is recognized for consistent size and uniformity, delivering a high-quality beef product that provides an exceptional eating experience.

**GWICKLES PICKLES**

EAST TEXAS

A hint of dill, slightly sweet and a little heat kick are the flavors your taste buds will encounter with Gwickles Pickles – local gourmet pickles that complement all foods because they blend with and enhance other flavors.

**HOLY KOMBUCHA**

TEXAS, DFW

Holy Kombucha is a fermented tea that tastes refreshingly crisp, slightly tart and sweet. Their kombucha brew is a raw, all-natural, live beverage brewed from organic tea and sugar, and kombucha culture. The culture allows the tea to undergo a fermentation process to cultivate all the essential and health promoting nutrients that nourish and refresh from the inside out.

**JOYCE FARMS APRICOT CHICKEN BREAST**

Joyce Farms products are raised on small family farms with nothing added ever – no antibiotics, no growth stimulants, no animal by-products, and nothing artificial.

**KILLER PECANS**

TEXAS, DFW

Killer Pecans uses only junior mammoth pecans grown in orchards all over Texas. Their spices are made in-house with no monosodium glutamate (msg), corn syrup, artificial sweeteners, or other additives – all natural ingredients and no junk.

**SPARKLING LIVE DRINKING VINEGARS**

TEXAS, AUSTIN

A tart and refreshing blend of raw apple cider and coconut vinegars, organic juice and sparkling water – a refreshing toast to a happy, balanced gut. Raw. USDA Organic. Non-GMO. 2 TBS of vinegar each. Low sugar.

**LIVE SODA KOMBUCHA**

TEXAS, AUSTIN

A sparkling probiotic tea, fermented for a fixed period of time to produce a slightly sweet and sour fizzy tonic, LIVE Kombucha – a living drink that's both delicious and detoxifying (meaning it goes down easy and cleans you right out). Raw. USDA Organic. Non-GMO. Packed with probiotics. Low sugar.

**NEW YORK STRIP**

100% grass-fed and grass finished. Raised on open pastures, never raised in feedlot. No antibiotics or growth hormones. Agriculturally sustainable and environmentally friendly. Born and raised in the USA by family farmers.

**POACHED SHRIMP (FOR SALAD & PASTA)**

Chemical-free, wild-caught, domestic

**OAK LAWN**

3403 Oak Lawn Ave.  
Dallas, TX 75219  
(214) 526-1515

**LOVERS LANE**

5600 W. Lovers Ln.  
Dallas, TX 75209  
(214) 358-3100

**PRESTON ROYAL**

6025 Royal Ln. #208  
Dallas, TX 75230  
(972) 499-6379

**PLANO**

5967 W. Parker Rd.  
Plano, TX 75093  
(972) 535-6305

**GRAPEVINE**

1200 W. State Hwy. 114  
Grapevine, TX 76051  
(817) 527-4007

**FORT WORTH**

1540 S University Dr. #100  
Fort Worth, TX 76107  
(817) 945-9095